

Typical daily meal servings.

Food items may vary from day to day

Breakfast:

1 two oz egg patty

1 1/2 oz baked bologna

6 oz. grits

6 oz. pineapple

1 slice bread

(1) 5oz. individual jelly

12 oz. milk

Lunch:

12 oz. chicken rice and vegetable soup

(1) 2oz turkey salad sandwich

3 two pack crackers

12 oz. water

Supper:

6 oz. El Rancho Stew

6 oz. white rice

4 oz. corn

1 slice of bread

2 oz. brownie

12 oz. Water

Evening Snack:

A snack sandwich and 12 oz. milk